

THE NORTHEAST GAZETTE

ALPHA DELTA KAPPA NORTHEAST REGION NEWSLETTER

DECEMBER 2019

Happy Holidays!

Whether you are celebrating Christmas, Hanukkah, Kwanza or the New Year, I would like to take this opportunity to wish each Alpha Delta Kappa sister in the Northeast Region a wonderful holiday! Also, I would like to take this opportunity to thank all of you for making my first five months as the International Vice President for the Northeast Region a wonderful experience.

I have received many gifts since July. First, I have been blessed with the gifts of fantastic regional officers, hard working committee chairmen, and enthusiastic conference chairmen. Next, I have been honored to receive the support of the State Presidents in the Northeast Region who never say no when I call or email them for assistance. And finally, I have received the gift of sisterhood with a group of women educators who continually amaze me with their spirit of educational excellence, altruism, and world understanding. You are all “precious pearls!”



“YOU GIVE BUT LITTLE WHEN YOU GIVE OF YOUR POSSESSIONS. IT IS WHEN YOU GIVE OF YOURSELF THAT YOU TRULY GIVE.” — KHALIL GIBRAN

CONGRATULATIONS to the NER 2019 Distinguished Program Award Winner!

Pennsylvania Eta Chapter

Honorable Mention: Connecticut Kappa, Ohio Alpha, Pennsylvania Gamma, and Vermont Alpha



Linda Rissel, NERMC

CONGRATULATIONS to Gabriela Backiel, CT Eta, for receiving a medal from the President of Poland when he visited New Britain, CT. Gabriela was being recognized for her work with the Polish Girl Scouts and for all her work with the Polish Community of New Britain.

CONGRATULATIONS to Eugenia Cooley, NJ Epsilon, on her appointment to serve on the board of the New Jersey Literacy Association.

CONGRATULATIONS to Kathy Logan, NJ Alpha Iota, for receiving the Lifetime Achievement and Dedication to the Educational Community of Monmouth County award from the Monmouth County Education Association.

CONGRATULATIONS to Doris Proulx, NH Eta, for being named Franco-American of the Year 2019 by the Franco-American Center of New Hampshire.

CONGRATULATIONS to Sandy Pouliot, NH Lambda, who was promoted to Assistant Principal of the Berlin Elementary School.



Linda Rissel – Northeast Regional Membership Consultant

"A goal properly set is halfway reached"

Zig Ziglar

So, how many times have we heard, "I'm just not a leader?" It doesn't take a rocket scientist to figure out that in each and every one of us, there IS a potential leader! Many of our members haven't realized they ARE a Leader. Research has shown there are actual signs that YOU are a leader and you don't know it.

- **You are approachable.** If you find yourself giving advice to your friends and sisters more than you are taking it, it means that they value your opinion and that you are the go-to person for help. Being approachable is an important quality for a leader to have. People trust your judgment and confide in you: take pride in that.

- **You maintain a smile, even when it is difficult.** Maintaining your composure is an excellent trait many leaders have. It is important to keep calm and keep the situation under control. Have you just nodded and listened when someone is upset and possibly even yelling at you, then you have more patience than many!
- **You have an open mind.** Keeping an open mind is an important trait when it comes to being a leader. If you have taken constructive criticism and listen, we applaud you.
- **You are straight forward.** Have you ever found yourself in a situation where someone is asking for advice and even though you know they do not want to hear it; you give it to them anyway? You don't sugar coat, just give it to them straight. That is a good thing. It takes a tough person to have this trait, be proud of it.
- **You are responsible, even though you don't want to be.** Ever have one of those days when you think you should have just stayed in bed? For whatever reason, you push it aside and do what you are responsible for. Leaders need to be responsible when no one else wants to be.
- **You treat everyone equally despite how you feel.** Being a leader means that you must be able to treat everyone with respect, even if you are having a bad day. If you can leave your baggage at the door, that is impressive. Not everyone can do that.
- **You are confident but are never afraid to ask for help or support.** Great leaders are not perfect. They are confident in the choices they make but they are not afraid to ask for help, if they need it. If you have found yourself stuck in a rut and ask someone else for support, take it as a good thing. If you accept this and move on with an open mind, consider yourself leader material.
- **You find the silver lining, even in the worst situations.** Your energy is irresistible. Everyone needs positive energy to feed off and leaders of all kinds need to have it. Great leaders take every situation and focus on the silver lining.
- **You help others without expecting anything in return.** Have you found yourself finishing a project or task because it needs to be done not because you have been asked? Great leaders do things to help others and not expect anything else in return from anyone.
- **You genuinely care about how others are feeling.** Sometimes in life, you find yourself pushing plans aside to listen to someone vent or to be their shoulder to cry on. You make time for others because you honestly care about how others feel.

If you have found yourself thinking, "I do that" with several of these points, you may just be a LEADER! All that is needed is a little confidence and initiative to make it happen. Just do it, you won't regret it.

MEMBERSHIP CAMPAIGN – 2020

The 2020 Membership Campaign runs from **January 1st through April 30th**. There are so many “pearls” in our schools that would love the **Infinite Possibilities** that Alpha Delta Kappa has to offer. Don’t “clam up” and not spread the news about our wonderful organization! Use those recruitment ideas that your International Membership Committee has provided during membership presentations and newsletters. If you have any questions, don’t hesitate to contact me: jlrisssel@msn.com



“Pearls of Support” in the Northeast Region

OFFICERS:	International Vice President Immediate Past IVP Membership Consultant Chaplain Historian Secretary Sergeant-at-Arms	Mary A. Ey, OH Lambda Judy Boulet, NH Lambda Linda Rissel, NJ Lambda Beverly Howard, OH Phi Sue McDowell, NJ Lambda Kathy Freer, NY Lambda Meredith Barker, CT Pi
COMMITTEE CHAIRMEN:	Altruism Distinguished Program Excellence in Education Professional Development/Scholarship Technology World Understanding	Karen McGonagle, NH Beta Linda Shaw, CT Kappa Alison Levy, VT Beta Sue Whelan, NJ Kappa Jennifer Robitaille, ME Alpha Leslie Djang, PA Eta
NER CONFERENCE CHAIRMEN:	Conference Chairman Conference Vice Chairman Conference Treasurer Conference Registrar Conference Leadership Sessions Music/Chorus Chairman Conference House Chairman First Timers Social	Marilyn Culp Eaton, NJ Pi Linda Rissel, NJ Lambda Deborah Kalanta, NJ Alpha Epsilon Deb Price, OH Lambda Joyce McAloon, CT Alpha Gamma Belinda Boyce, OH Beta Epsilon Sue Wood, VT Beta Eleanor Smith, PA Gamma

Thanks to all the Officers and Committee Chairmen for their hard work. They are truly “precious” sisters in Alpha Delta Kappa.



For Your Information, the contact information for the NER officers, committee chairmen, and conference chairmen is not included in this newsletter or on the NER website since the only two sites on the website that are password protected are the membership directory and the Transcend Marketplace. If you require their contact information, please contact your State President or access the membership directory on the AΔK website.

It is recommended that S/P/N and chapter websites not include contact information in their websites unless they encrypt the data with a password. Members are not required to provide permission for S/P/Ns and chapters to post photos on their websites.



HAPPY BIRTHDAY

Northeast Region's ITE Scholar Rohina Sediqui will celebrate her birthday on January 1st. Let's gift her with a shower of birthday cards. Her sponsors are Sara Kelly and Nancy Tucker from Massachusetts Mu Chapter.



AΔK Regional Professional Development Scholarship

The AΔK Regional Professional Development Scholarship provides AΔK members with: opportunities for professional growth and development; a method of meeting the increasing demands for requirements of certification, recertification, National Board certification, and postgraduate degrees; and opportunities to enrich the educational experiences of all children and youth. The application is due by January 31, 2020 at 11:59 PM.

Who is eligible?

Any member in good standing who desires to pursue a planned program of study, supportive of the purposes of AΔK is eligible. Member's dues must be paid by the scholarship deadline. International Executive Board Members, International Chapter Members, members of scholarship boards and committees and substantial contributors, as well as relatives of any of the aforementioned groups, cannot receive scholarships, grants, or other payments under programs adopted by the AΔK Foundation.

Alpha Delta Kappa
2020 Northeast Regional Conference
“Discovering the Pearls of Alpha Delta Kappa”



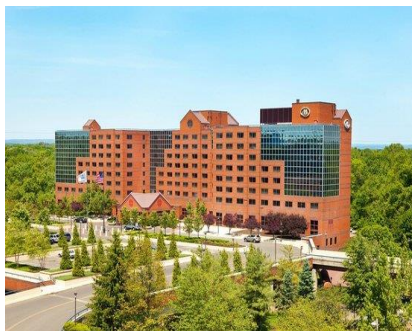
“I’ve seen a lot of places
Seen pictures of the rest
But of all the places
I like Jersey BEST!”

Lyrics by John Pizzarelli

Alpha Delta Kappa sisters are invited to see the BEST that New Jersey and the Northeast Region have to offer at the 2020 Northeast Regional Conference in Short Hills, New Jersey at the Hilton Short Hills Hotel from Thursday, July 30th to Sunday, August 2nd, 2020.

The Hilton Short Hills Hotel is a beautiful hotel nestled in the preserved woodlands and charming community of Short Hills located at 41 JFK Parkway, Short Hills, NJ 07078. The hotel offers easy access to New York City in less than 30 minutes by train or car. It’s just steps away from the Mall at Short Hills and a 25-minute drive from Newark Liberty International Airport.

Hotel registration will begin on **January 2, 2020**. The room rate for 1-2 people is \$159, \$169 for three in a room, and \$179 for four. All three rates include **FREE parking** and **FREE Internet** access. The NER Conference Room Block will be available three days prior and after the conference. Members may book their rooms by calling the hotel at 1-973-379-0100 or by using the following link: <https://book.passkey.com/go/ADKNorthEast>.

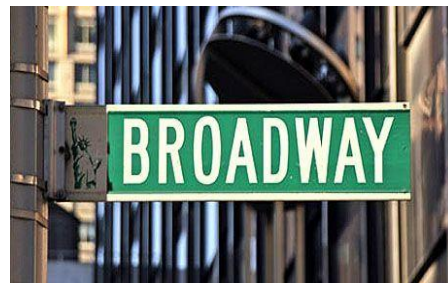


The Short Hills/Millburn area offers a variety of educational and fun activities for members and guests to enjoy before and after the conference.

- Members who love gardening may want to check out the Greenwood Gardens in Short Hills, New Jersey. Its **mission is to connect people with nature in a historic garden oasis**. The 28-acre public garden is surrounded by 2,110 acres of Essex County Park System's South Mountain Reservation. Contact information: (973) 258-4026 or <https://greenwoodgardens.org>.



- Another option is the Cora Hartshorn Arboretum which includes 16.45 acres of woodlands, 3 miles of trails, and a diversity of floral and faunal species. Its woodland volunteers take great care to ensure that plant species indigenous to New Jersey are predominant. Contact information: (973) 376-3587 or <https://hartshornarboretum.org>.
- Those members who want to take in a “show” have several options. New York and Broadway are a short train ride from Millburn. The train takes you right to NY Penn Station. If you want to stay closer to the hotel, the Paper Mill Playhouse offers a “New Voices” concert at the beginning of August. A not-for-profit arts organization and recipient of the Regional Theatre Tony Award, Paper Mill Playhouse is a cultural treasure that fosters artistry of unparalleled quality, champions students with innovative educational programs, and provides barrier-free access for all. Contact information: (973) 376-4343 or <https://papermill.org>



- Alpha Delta Kappa sisters love to network over lunch or dinner. Short Hills and Millburn provide a wide variety of restaurants. In the Short Hills Mall, enjoy a meal at “Legal Seafood” or at the “Cheesecake Factory.” In Millburn, try out the Millburn Deli, Saigon Café, Pita on Essex, La Pergola, or Basilico.

The NJ sisters have compiled a more complete list of “Things to Do” in the Short Hills and Millburn area:

✓ **American Dream Mall**

The American Dream Mall located in Secaucus, NJ is a must see. Featuring a theme park, a waterpark, a roller rink, and skiing and snowboarding 365 days a year at North America's only indoor real-snow park, the American Dream Mall is not just a mall, it's a destination. Contact information: (833) 263-7326 or <https://www.americandream.com>

✓ **Downtown Millburn**

Few suburban areas in the country enjoy the luxury and convenience of such a preeminent mix of retail shops. The business district of Millburn offers an attractive, vibrant center for local shopping, dining and community activity. Gift shops, art galleries, home decor services, fine wine shops, beauty salons, jewelry, apparel and shoe stores, a hardware store, florists, pharmacies and specialty stores line the streets. Contact information: (973) 564-7000 or <https://twp.millburn.nj.us>

✓ **Fairleigh Dickinson University**

This bucolic, classically collegiate campus is located in Florham Park, NJ. The landscape was planned by Frederick Law Olmsted, who is renowned as the designer of New York City's Central Park. Contact information: (800) 338-8803 or <https://www.fdu.edu>

✓ **Liberty State Park**

Liberty State Park is a green oasis in the middle of Metropolitan northern NJ. With the Manhattan skyline, the Statue of Liberty and Ellis Island as a spectacular backdrop, Liberty State Park is one of the state's most dramatic parks. Contact information: (201) 915-3400 or <https://www.nj.gov/dep/parksandforests/parks/liberty.html>

✓ **Mayo Performing Arts Center**

The Mayo Performing Arts Center is a performing arts organization which presents a wide range of concerts, including jazz, comedy, kids shows & more. Contact information: (973) 539-8008 or <https://www.mayoarts.org>

✓ **New Jersey Performing Arts Center**

The New Jersey Performing Arts Center, in downtown Newark, NJ is one of the largest performing arts centers in the United States. Contact information: (888) 466-5722 or <https://www.njpac.org>

✓ **New York City**

New York City is the [most densely populated](#) major city in the United States. Located at the southern tip of the state of [New York](#), the city is the center of the [New York metropolitan area](#), the largest [metropolitan area](#) in the world by [urban landmass](#) and one of the world's most populous [megacities](#). Contact information: <https://www.nycgo.com>

✓ **Prudential Center**

New Jersey's home for Devils hockey, top concerts, Seton Hall basketball & family shows. Contact information: (973) 757-6000 or <https://www.prucenter.com>

✓ **Taylor Park Summer Concert Series**

Enjoy free outdoor concerts in a variety of musical genres at this Municipal Park in Millburn, NJ. Contact information: (973)-564-7000 or <https://twp.millburn.nj.us>

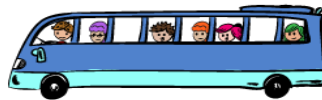
✓ **The Mall at Short Hills**

The Mall at Short Hills is a shopping center located in the [Short Hills](#) area of [Millburn, New Jersey](#). The mall includes 150 specialty stores and restaurants including [Chanel](#), [Dior](#), [Gucci](#), [Hermès](#), and [Louis Vuitton](#), and is anchored by [Bloomingdale's](#), [Macy's](#), [Neiman Marcus](#), and [Nordstrom](#). Over 40 boutiques have their only New Jersey location at the mall. Contact information: (973) 376-7350 or <https://www.shopshorthills.com>

✓ **Turtle Back Zoo**

Turtle Back Zoo is a zoo in West Orange, NJ and is part of the South Mountain Recreation County Park System; the oldest county park system in the United States. Contact information: (973) 731-5800 or <https://turtlebackzoo.com>

For more information on what to do in Short Hills and Millburn, check out the “Downtown Millburn” video at <https://youtu.be/IRkJurxID0>.



How do you get to Short Hills?

The easiest way for visitors to travel from the Hilton Short Hills Hotel to many of the sightseeing locations is by car. Although the Northern New Jersey area has many public transportation options, travel to many of the locations requires several transfers to train, busses or shuttles.

Uber/LYFT: Ride Hailing Companies offer an easy and economical way to travel around the northern NJ area including all the locations on the sightseeing list. Both companies offer a schedule ahead option.

Rental Cars: Check with arrival airport for rates and reserve in advance. When calculating costs consider both tolls and parking at the hotel and at many of the sightseeing attractions.

Limousines/Vans/SUVs: Prices depend on times and locations. Call in advance to reserve. You may also call the Hilton Short Hills Hotel to make transportation arrangements. Contact Information:

Airbrook Limousine - (800) 800-1990 or <http://www.airbrook.com>
Country Club Services - (973) 376-4352 or <http://www.countryclubservicesinc.com>
MyLimo (*recommended by Hilton Short Hills Hotel*) - (800) 624-6112
www.mylimo.com

New Jersey Transit Train to Newark Attractions and York City: Take Uber/Lyft to the Summit Train Station. Take NJ Transit Train directly to Newark Penn Station and New York City Penn Station. Contact Information

https://www.njtransit.com/sf/sf_servlet.srv?hdnPageAction=TripPlannerTo

Shuttle to Short Hills Mall: Based upon availability – check with concierge at Hilton Short Hills Hotel to reserve.

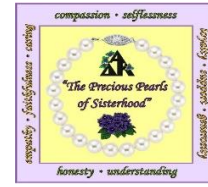
During the conference, AΔK members will be able to renew acquaintances and meet new sisters in the NE Region. They will also be able to meet and talk with regional and International officers. Learning Sessions will provide information on membership, leadership, officer training, educational strategies, fraternity education, altruism, and world understanding, as well as enhance professional development or personal enrichment.

Northeast Regional Conference registration materials will be available in the middle of February.

IT IS NOT TOO LATE - NER Learning Sessions Committee Chairman Joyce McAloon is still accepting proposals for conference workshops. If you would like to present a learning session on membership, leadership, officer training, educational strategies, fraternity education, altruism, world understanding, professional development or personal enrichment, please complete the attached “request for proposal” and send to Joyce at joycemac24@cox.net or via US Mail at 24 Lowery Drive, Southington, CT 06489.



January 1 st	International Dues Report H-138
January 1 st	Membership Campaign begins
January 2 nd	Hilton Short Hills Hotel Registration opens
January 15 th	H-142 S/P/N President's Report due to Regional IVP
January 31 st	Dues Deadline
January 31 st	Annual S/P/N Membership Consultant Report due
January 31 st	Regional Professional Development Scholarship deadline
January 31 st	S/P/N Excellence in Education Nomination Packet deadline



**Alpha Delta Kappa
Northeast Regional Conference
Hilton Short Hills Hotel
Short Hills, New Jersey
July 30 – August 2, 2020**

LEARNING SESSIONS – REQUEST FOR PROPOSALS

The 2020 Northeast Regional Conference will be held at the Hilton Short Hills Hotel in Short Hills, New Jersey from July 30 – August 2, 2020. During the conference, Alpha Delta Kappa sisters will be able to participate in a series of Learning Sessions which will focus on the following categories:

- Membership
- Leadership Development
- Officer Training
- Excellence in Education
- Fraternity Education
- Altruism
- World Understanding
- Professional Development
- Personal Enrichment

Alpha Delta Kappa sisters in the Northeast Region are encouraged to submit a proposal to present a learning session using the attached “Learning Sessions - Request for Proposal” application form along with a brief biography. The form is available online at the Alpha Delta Kappa website under the Northeast Region link, in the *Northeast Gazette* regional newsletter (October and December editions), or by contacting Joyce McAloon, NE Region Conference Learning Sessions Chairman at joycemac24@cox.net.

GUIDELINES: Each learning session will be 45 minutes in length. Presenters are expected to provide all supplies and handouts for the session. Prior to July 1, 2020, presenters may forward handouts to Jen Robitaille, NE Region Technology Chairman, at jen.robitaille@yahoo.com to be posted on the regional website. AV equipment will **not** be provided by the conference or hotel. Presenters may provide their own AV equipment as needed.

The deadline for submission of proposals is January 1, 2020. Applicants will be notified by February 1, 2020 of their acceptance. Selection of sessions will be based on the variety of topics and availability of rooms.

Please submit applications to: **Joyce McAloon, NE Region Conference Learning Sessions Chairman, at joycemac24@cox.net or via US Mail at 24 Lowery Drive, Southington, CT 06489.**



**Alpha Delta Kappa
Northeast Regional Conference
Hilton Short Hills Hotel
July 30 – August 2, 2020**

**LEARNING SESSIONS – REQUEST FOR PROPOSALS
APPLICATION**

PRESENTER (S) _____

EMAIL ADDRESS _____

STATE (S) AND CHAPTER (S) _____ **CELL NUMBER** _____

CATEGORY (Check one):

- | | |
|---|---|
| <input type="checkbox"/> Membership | <input type="checkbox"/> Leadership Development |
| <input type="checkbox"/> Officer Training | <input type="checkbox"/> Excellence in Education |
| <input type="checkbox"/> Fraternity Education | <input type="checkbox"/> Altruism |
| <input type="checkbox"/> World Understanding | <input type="checkbox"/> Professional Development |
| <input type="checkbox"/> Personal Enrichment | |

TITLE OF PRESENTATION _____

DESCRIPTION (50-word limit) _____

MAXIMUM # OF PARTICIPANTS _____

THEATER/CLASSROOM SET-UP (Circle One)

Will you be bringing AV Equipment? _____ (Y/N)

Please submit by January 1, 2020 to

**Joyce McAloon
24 Lowery Drive
Southington, CT 06489
joycemac24@cox.net**